

Five-Item Guilt Proneness Scale (GP-5)

Instructions: In this questionnaire, you will read about five situations that people could encounter in day-to-day life, followed by reactions to those situations. As you read each scenario, try to imagine yourself in that situation. Then indicate the likelihood that you would react in the way described.

1	2	3	4	5
<i>Extremely Unlikely</i>	<i>Unlikely</i>	<i>About 50% Likely</i>	<i>Likely</i>	<i>Extremely Likely</i>

- (1) After realizing you have received too much change at a store, you decide to keep it because the salesclerk doesn't notice. What is the likelihood that you would feel uncomfortable about keeping the money?
- (2) You secretly commit a felony. What is the likelihood that you would feel remorse about breaking the law?
- (3) At a coworker's housewarming party, you spill red wine on their new cream-colored carpet. You cover the stain with a chair so that nobody notices your mess. What is the likelihood that you would feel that the way you acted was pathetic?
- (4) You lie to people but they never find out about it. What is the likelihood that you would feel terrible about the lies you told?
- (5) Out of frustration, you break the photocopier at work. Nobody is around and you leave without telling anyone. What is the likelihood you would feel bad about the way you acted?

SCORING: *The scale is scored by summing or averaging the items*

Reference:

Cohen, T. R., Kim, Y., & Panter, A. T. (2014). *The five-item guilt proneness scale (GP-5)*. Carnegie Mellon University, Pittsburgh, PA. doi: <http://dx.doi.org/10.13140/RG.2.1.2847.2167>

**The first four items in the GP-5 scale were originally published in:*

Cohen, T. R., Wolf, S. T., Panter, A. T., & Insko, C. A. (2011). Introducing the GASP scale: A new measure of guilt and shame proneness. *Journal of Personality and Social Psychology*, 100(5), 947-966. doi: <http://dx.doi.org/10.1037/a0022641>